

BELEGUNGSPLAN – FITNESS-CENTER / KRAFTRAUM

KW 32 / 2026

Zeit	Montag 03.08.	Dienstag 04.08.	Mittwoch 05.08.	Donnerstag 06.08.	Freitag 07.08.	Samstag 08.08.	Sonntag 09.08.	Zeit
08:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00	Kraft & Fitness 08:00 - 12:00			08:00
09:00								09:00
10:00						Kraft & Fitness 10:00 - 13:00	Kraft & Fitness 10:00 - 13:00	10:00
11:00								11:00
12:00								12:00
13:00								13:00
14:00								14:00
15:00								15:00
16:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00	Kraft & Fitness 16:00 - 22:00			16:00
17:00								17:00
18:00								18:00
19:00								19:00
20:00								20:00
21:00								21:00
22:00								22:00
23:00								23:00